Chapter 2: Historical Perspectives

Questions

1. In ancient civilizations, starting from about 3500 B.C., health care was intertwined with religion. Which religion emphasized balance and driving demons out of the ailing body?
   1. Taoism
   2. Hinduism
   3. Buddhism
   4. Catholicism

   Answer: _____

2. Which war caused more death and injury than any war in the history of the United States and dramatically increased the demand for nurses?
   1. Civil War
   2. Korean War
   3. Vietnam War
   4. Revolutionary War

   Answer: _____

3. World War II produced another nursing shortage and, in response, Congress passed which legislative act that shortened hospital-based diploma programs from 36 to 30 months?
   1. HITECH Act
   2. Bolton Act
   3. Hill-Burton Act
   4. EMTALA
4. For graduate nurses, which nursing symbol retains its significance as a symbol of the ideals and selfless devotion of Florence Nightingale?

1. Nursing cap
2. Nursing pin
3. Lamp
4. Coat of arms

Answer: _____

5. Unlikely as it may seem, which nursing symbol can trace its origins to the heavy protective war shields used by soldiers as far back as the Greek and Roman Empires?

1. Nursing cap
2. Nursing pin
3. Lamp
4. Coat of arms

Answer: _____

6. Which nursing symbol indicated that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital?

1. Nursing cap
2. Nursing pin
3. Lamp
4. Coat of arms

Answer: _____
7. At the height of her work in the war, which nursing leader supervised 125 nurses in several large hospitals and was recognized for her accomplishments by the Queen of England with an Order of Merit, the highest award given to English civilians?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lillian Wald
4. Lavinia Lloyd Dock

Answer: _______

8. Which nursing leader helped develop the *American Journal of Nursing*, the first professional journal dedicated to the improvement of nursing, which is still the official journal of the American Nurses Association?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lillian Wald
4. Lavinia Lloyd Dock

Answer: _______

9. Many child health and wellness programs in use today are based on the efforts of which nursing leader?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lillian Wald
4. Lavinia Lloyd Dock

Answer: ________
10. When World War I was over, which nursing leader became a nursing educator, eventually serving as dean at the Yale School of Nursing?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lavinia Lloyd Dock
4. Annie Goodrich

Answer: __________

11. Which nursing leader was inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public?

1. Florence Nightingale
2. Loretta C. Ford
3. Lavinia Lloyd Dock
4. Annie Goodrich

Answer: __________

12. In general, travel nurse staffing companies require which standard that allows the nurses to meet any staffing requirements of individual facilities?

1. LVN
2. LPN
3. ADN
4. BSN

Answer: __________
13. Which nursing leader noticed that many of her fellow students struggled to learn about all the medications that were becoming available and later wrote the first medication textbook for nurses?

1. Florence Nightingale
2. Loretta C. Ford
3. Lavinia Lloyd Dock
4. Annie Goodrich

Answer: __________

14. Which of the following focused on what we now call holistic-health practices, which included special diets, massage therapy, and rest to drive evil spirits from a body?

1. Hebrews
2. Buddhism
3. Roman Empire
4. Babylonian Empire

Answer: __________

15. Which of the following developed quite an advanced system of medicine and a pharmacology that included more than 600 medications derived from herbs and plants?

1. Hebrews
2. Buddhism
3. Roman
4. Babylonian

Answer: __________
Questions, Answers, and Rationales

1. In ancient civilizations, starting from about 3500 B.C., health care was intertwined with religion. Which religion emphasized balance and driving demons out of the ailing body?
   1. Taoism
   2. Hinduism
   3. Buddhism
   4. Catholicism

ANS: 1

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1. This is correct. Taoism emphasized balance and driving demons out of the ailing body.</td>
</tr>
<tr>
<td>2. This is incorrect. Hinduism did not emphasize balance and driving demons out of the ailing body.</td>
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<td>3. This is incorrect. Buddhism did not emphasize balance and driving demons out of the ailing body.</td>
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<td>4. This is incorrect. Catholicism did not emphasize balance and driving demons out of the ailing body.</td>
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2. Which war caused more death and injury than any war in the history of the United States and dramatically increased the demand for nurses?
   1. Civil War
Feedback

1. This is correct. The Civil War caused more death and injury than any war in the history of the United States and dramatically increased the demand for nurses.

2. This is incorrect. The Korean War did not cause more death and injury than any war in the history of the United States.

3. This is incorrect. The Vietnam War did not cause more death and injury than any war in the history of the United States.

4. This is incorrect. The Revolutionary War did not cause more death and injury than any war in the history of the United States.

3. World War II produced another nursing shortage and, in response, Congress passed which legislative act that shortened hospital-based diploma programs from 36 to 30 months?

1. The Health Information Technology for Economic and Clinical Health (HITECH) Act

2. Bolton Act

3. Hill-Burton Act

4. The Emergency Treatment and Active Labor Act (EMTALA)

ANS: 2
Feedback

1. This is incorrect. The Health Information Technology for Economic and Clinical Health (HITECH) Act was not passed in response to the nursing shortage created by World War II.

2. This is correct. The Bolton Act was passed in response to the nursing shortage created by World War II.

3. This is incorrect. The Hill-Burton Act was not passed in response to the nursing shortage created by World War II.

4. This is incorrect. The Emergency Treatment and Active Labor Act (EMTALA) was not passed in response to the nursing shortage created by World War II.

4. For graduate nurses, which nursing symbol retains its significance as a symbol of the ideals and selfless devotion of Florence Nightingale?

1. Nursing cap
2. Nursing pin
3. Lamp
4. Coat of arms

ANS: 3
1. This is incorrect. The nursing cap does not signify the ideals and selfless devotion of Florence Nightingale.

2. This is incorrect. The nursing pin does not signify the ideals and selfless devotion of Florence Nightingale.

3. This is correct. For graduate nurses, the lamp retains its significance as a symbol of the ideals and selfless devotion of Florence Nightingale.

4. This is incorrect. The coat of arms does not signify the ideals and selfless devotion of Florence Nightingale.

5. Unlikely as it may seem, which nursing symbol can trace its origins to the heavy protective war shields used by soldiers as far back as the Greek and Roman Empires.

1. Nursing cap
2. Nursing pin
3. Lamp
4. Coat of arms

ANS: 2

Page: 17
2. This is correct. The nursing pin can trace back to the heavy protective war shields used by soldiers as far back as the Greek and Roman Empires.

3. This is incorrect. The origins of the lamp do not trace back to the heavy protective war shields used by soldiers as far back as the Greek and Roman Empires.

4. This is incorrect. The origins of the coat of arms do not trace back to the heavy protective war shields used by soldiers as far back as the Greek and Roman Empires.

6. Which nursing symbol indicated that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital?

   1. Nursing cap
   2. Nursing pin
   3. Lamp
   4. Coat of arms

ANS: 1

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<td>1. This is correct. The nursing cap indicated that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital.</td>
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2. This is incorrect. The nursing pin did not indicate that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital.

3. This is incorrect. The lamp did not indicate that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital.

4. This is incorrect. The coat of arms did not indicate that the student was now off probation and had earned the right to wear it during clinical rotations in the hospital.

7. At the height of her work in the war, which nursing leader supervised 125 nurses in several large hospitals and was recognized for her accomplishments by the Queen of England with an Order of Merit, the highest award given to English civilians?

1. Florence Nightingale

2. Isabel Adams Hampton Robb

3. Lillian Wald

4. Lavinia Lloyd Dock

ANS: 1

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<tr>
<td>1. This is correct. Florence Nightingale was recognized by the Queen of England with an Order of Merit, the highest award given to English civilians.</td>
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2. This is incorrect. Isabel Adams Hampton Robb was not recognized by the Queen of England with an Order of Merit, the highest award given to English civilians.

3. This is incorrect. Lillian Wald was not recognized by the Queen of England with an Order of Merit, the highest award given to English civilians.

4. This is incorrect. Lavinia Lloyd Dock was not recognized by the Queen of England with an Order of Merit, the highest award given to English civilians.

8. Which nursing leader helped develop the *American Journal of Nursing*, the first professional journal dedicated to the improvement of nursing, which is still the official journal of the American Nurses Association?

   1. Florence Nightingale
   2. Isabel Adams Hampton Robb
   3. Lillian Wald
   4. Lavinia Lloyd Dock

   ANS: 2

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<td>1. This is incorrect. Florence Nightingale did not help develop the <em>American Journal of Nursing</em>.</td>
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<td>2. This is correct. Isabel Adams Hampton Robb helped develop the <em>American Journal of Nursing</em>, the first professional journal dedicated to the improvement of nursing, which is still the official journal of the American Nurses Association.</td>
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3. This is incorrect. Lillian Wald did not help develop the *American Journal of Nursing*.

4. This is incorrect. Lavinia Lloyd Dock did not help develop the *American Journal of Nursing*.

9. Many child health and wellness programs in use today are based on the efforts of which nursing leader?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lillian Wald
4. Lavinia Lloyd Dock

ANS: 3

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<td>1. This is incorrect. Many of the child health and wellness programs in use today are based on the efforts of a different nursing leader, not Florence Nightingale</td>
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<td>2. This is incorrect. Many of the child health and wellness programs in use today are based on the efforts of a different nursing leader, not Isabel Adams Hampton Robb.</td>
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<td>3. This is correct. Many child health and wellness programs in use today are based on the efforts of Lillian Wald.</td>
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4. This is incorrect. Many of the child health and wellness programs in use today are based on the efforts of a different nursing leader, not Lavinia Lloyd Dock.

10. When World War I was over, which nursing leader became a nursing educator, eventually serving as dean at the Yale School of Nursing?

1. Florence Nightingale
2. Isabel Adams Hampton Robb
3. Lavinia Lloyd Dock
4. Annie Goodrich

ANS: 4
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<table>
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<tr>
<td>1. This is incorrect. Florence Nightingale never served as dean at the Yale School of Nursing.</td>
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<tr>
<td>2. This is incorrect. Isabel Adams Hampton Robb never served as dean at the Yale School of Nursing.</td>
</tr>
<tr>
<td>3. This is incorrect. Lavinia Lloyd Dock never served as dean at the Yale School of Nursing.</td>
</tr>
<tr>
<td>4. This is correct. When World War I was over, Annie Goodrich became a nursing educator, eventually serving as dean at the Yale School of Nursing.</td>
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11. Which nursing leader was inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public?

1. Florence Nightingale
2. Loretta C. Ford
3. Lavinia Lloyd Dock
4. Annie Goodrich

ANS: 2

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<td><strong>1.</strong> This is incorrect. Florence Nightingale was not inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public.</td>
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<td><strong>2.</strong> This is correct. Loretta C. Ford was inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public.</td>
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<td><strong>3.</strong> This is incorrect. Lavinia Lloyd Dock was not inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public.</td>
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4. This is incorrect. Annie Goodrich was not inducted into the National Women’s Hall of Fame in 2011 for being recognized as an internationally renowned nursing leader who transformed the profession of nursing and made health care more accessible to the general public.

12. In general, travel nurse staffing companies require which standard that allows the nurses to meet any staffing requirements of individual facilities?

1. LVN
2. LPN
3. ADN
4. BSN
ANS: 4
Page: 31

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<td>1. This is incorrect. Travel nurse staffing companies generally require training beyond that of an LVN.</td>
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<td>2. This is incorrect. Travel nurse staffing companies generally require training beyond that of an LPN.</td>
</tr>
<tr>
<td>3. This is incorrect. Travel nurse staffing companies generally require training beyond that of an ADN.</td>
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4. This is correct. In general, travel nurse staffing companies require a BSN or higher degree, which allows the nurses to meet any staffing requirements of individual facilities.

13. Which nursing leader noticed that many of her fellow students struggled to learn about all the medications that were becoming available and later wrote the first medication textbook for nurses?

1. Florence Nightingale
2. Loretta C. Ford
3. Lavinia Lloyd Dock
4. Annie Goodrich

ANS: 3

Page: 28

Feedback

1. This is incorrect. Florence Nightingale did not write the first medication textbook for nurses.

2. This is incorrect. Loretta C. Ford did not write the first medication textbook for nurses.

3. This is correct. Lavinia Lloyd Dock noticed that many of her fellow students struggled to learn about all the medications that were becoming available, and she later wrote the first medication textbook for nurses.
4. This is incorrect. Annie Goodrich did not write the first medication textbook for nurses.

14. Which of the following focused on what we now call holistic-health practices, which included special diets, massage therapy, and rest to drive evil spirits from a body?

1. Hebrews
2. Buddhism
3. Roman Empire
4. Babylonian Empire

ANS: 4

Page: 3

Feedback

1. This is incorrect. The Hebrews did not focus on what we now call holistic-health practices.

2. This is incorrect. Buddhism did not focus on what we now call holistic-health practices.

3. This is incorrect. The Roman Empire did not focus on what we now call holistic-health practices.

4. This is correct. The Babylonian Empire focused on what we now call holistic-health practices, which included special diets, massage therapy, and rest to drive evil spirits from a body.
15. Which of the following developed quite an advanced system of medicine and a pharmacology that included more than 600 medications derived from herbs and plants?

1. Hebrews

2. Buddhism

3. Roman Empire

4. Babylonian Empire

ANS: 3

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<td>2. This is incorrect. The Buddhists did not develop an advanced system of medicine and a pharmacology that included more than 600 medications derived from herbs and plants.</td>
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<td>3. This is correct. The Roman Empire developed quite an advanced system of medicine and a pharmacology that included more than 600 medications derived from herbs and plants.</td>
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<td>4. This is incorrect. The Babylonian Empire did not develop an advanced system of medicine and a pharmacology that included more than 600 medications derived from herbs and plants.</td>
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